

Rosalba Giacco:

Graduated with honors in Medicine at the University of Naples (Italy) and post-graduate degree in Internal Medicine. Senior Scientist at the Institute of Food Science of National Research Council, Avellino (Italy).

From 2001 to 2004 Executive Board Member of the EASD Study Group on Diabetes and Nutrition; from 2012 to 2016 Member of Scientific Board of the Italian Diabetes Society; currently coordinator of the Diabetes and Nutrition Study Group of the Italian Diabetes Society. Member of the Editorial Board of Nutrition, Metabolism and Cardiovascular Disease

Research activity was centered on Human Nutrition and Metabolism with a particular focus on intervention clinical trials. Main research lines include: i) the evaluation of dietary carbohydrates and fats effects on intermediary metabolism; ii) the metabolic effects of dietary fibre and their mechanisms of action; iii) glycemic index of carbohydrate rich foods typical of “Mediterranean Diet” and iiiii) the evaluation of potential functional properties of red grapes skin polyphenols. Her research results have been published in the international journals dealing with nutrition, metabolism, diabetes and cardiovascular disease prevention.