

## **Marialaura Bonaccio, PhD**

Marialaura Bonaccio holds a university degree in Philosophy obtained in 2004. In 2015 she received her PhD degree in Epidemiology at the University of Maastricht, the Netherlands, discussing a thesis on the socioeconomic determinants of the adherence to the Mediterranean diet at a time of economic crisis. Presently, her main research field of is related to socioeconomic determinants of health and lifestyle with particular focus on dietary behaviours and the Mediterranean diet. She has also specific interests in exposure to mass media, nutrition-related knowledge and psychosocial factors in relation to dietary behaviours. Since 2012, and together with her group, she produced a number of publications aimed to understand the role played by the economic crisis in the shifting from the Mediterranean diet. This topic is also at the core of the 3-year research grant she has been recently awarded by the Italian Ministry of Health. During the last two years, she has been awarded a 2-year fellowship by the Fondazione Umberto Veronesi to carry on her research on the relationship between recession and changes in dietary habits within the framework of the Moli-sani study. Her very last research activities are now focusing on the socioeconomic disparities in access to quality foods beyond intakes and related health outcomes. To date, Dr Bonaccio co-authored over 30 publications in peer-reviewed international scientific Journals, 20 as first author (H-index: 15). She also authored several book chapters and one monograph on Mediterranean diet at time of economic crisis.